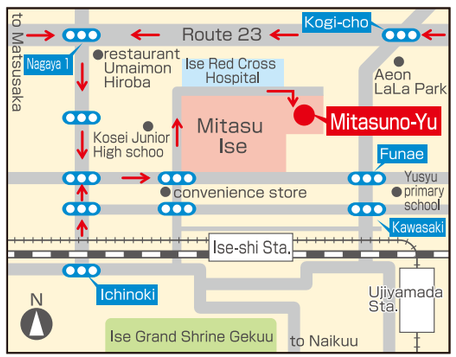
【Admission】
Adults (13+ years): 700 yen on weekdays
Adults (13+ years): 800 yen on Sat, Sun, and national holidays
Children (6 to 12 years): 250 yen
Children (4 and 5 years): 100 yen
Children (3 years and under): free
During year-end and new-year holidays and bon holidays, fees for Sat, Sun, and national holidays will apply.
Book of tickets (11 tickets, 7,000 yen) are available for Sat, Sun, and national holidays.

We have 150 car parking spaces available.



【By car】About 15 minutes from Ise Interchange. Drive northward on Route 23 (Nansei bypass) and turn southward (to the left) at Nagaya 1 intersection
【By trains】About 20 minute walk northward from Ise-shi Sta. North Exit on the Kintetsu-Yamada and JR Sangu Lines

伊勢・船江温泉
みたすの湯
Ise-Funae Hot Spring Mitasuno-Yu

1-471-3 Funae, Ise-shi, Mie Prefecture, 516-0008
Phone: 0596-29-4126

For details mitasu no yu Search
http://mts-ise.com/yu/

伊勢・船江温泉
みたすの湯

Japanese Architecture and Bathing Culture

Japanese Architecture, which has begun with the construction of Horyu-ji, Nara, built in 7th century, adapted them for Japanese climate and culture, having a basic structure composed of posts and beams in contrast with Western architecture. This architectural style is called Wayo, meaning Japanese style.
Japanese bathing practice also has begun since around this time, evolved while changing the style, and established the bathing culture as a way of purifying minds and bodies, curing disease, and for entertainment and social gathering. Enjoy Japanese culture at Mitasuno-Yu that reflects this origin.

【Hours】

伊勢・船江温泉 みたすの湯 **Mitasuno-yu**
9 a.m. – 11 midnight (Enter by 10:30 p.m.)
Sakujitsu bathing (on a 1st of each month)
6 a.m. – 11 midnight (Enter by 10:30 p.m.)
Open daily except for maintenance

ひょうたん亭 **Restaurant Hyotan-tei**
11 a.m. – 10 p.m. (Order by 9:30 p.m.)

整体 RE楽X **Okage chiropractics RE 楽 X**
10 a.m. – 11 p.m. (Enter by 10:00 p.m.)
Contact at 0596-22-9519

Esthetics YOU **Esthetic YOU**
11 a.m. – 9 p.m. (Book by 8:30 p.m.) Irregular holidays
Contact at 0596-22-9519 (via Okage chiropractics RE 楽 X)

⑦絹の湯 Silk Water

Silk Water looks white with tiny air bubbles inside, without using any bathing chemicals. Basking in this water lets tiny air bubbles go into heated and opened pores and absorb dirt in the pores (fat, sebum, cosmetic residues, and toxins) and remove them. Benefits can include softening the skin and warming the body core with supersonic generated when tiny bubbles burst.

②スーパージェットバス Super Jet Bath

Strong jet stream massages your body, including abdomen, hips, and your problem areas.

③ジェットバス Jet Bath

Jet stream massages your body to soothe strains.

④電気風呂 Electrotherapy Bath

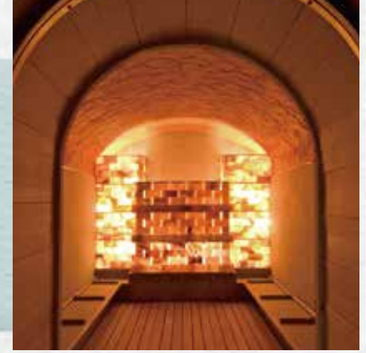
Electrical micro-currents comfortably stimulate your body to help soothe fatigue, shoulder ache, and pains in the back.

⑤高温サウナ High-Temperature Sauna

The effect of far infrared ray penetrates deep into the skin to open pores and help get rid of waste materials with sweat, through a process different from normal perspiration system.

⑥釜風呂 Steam Bath

Steam bath uses an ancient Japanese bathing technique, which was already used around 1,300 years ago as a thermal therapy and also surgical treatment. The low room temperature ranging from 45 to 60 degrees Celsius gives less stress to the heart and muscles compared to dry saunas, the common type of sauna. Sweating invigorates metabolism, so benefits for neuralgia and weight loss effects are expected.



⑫畳の間 Tatami Room

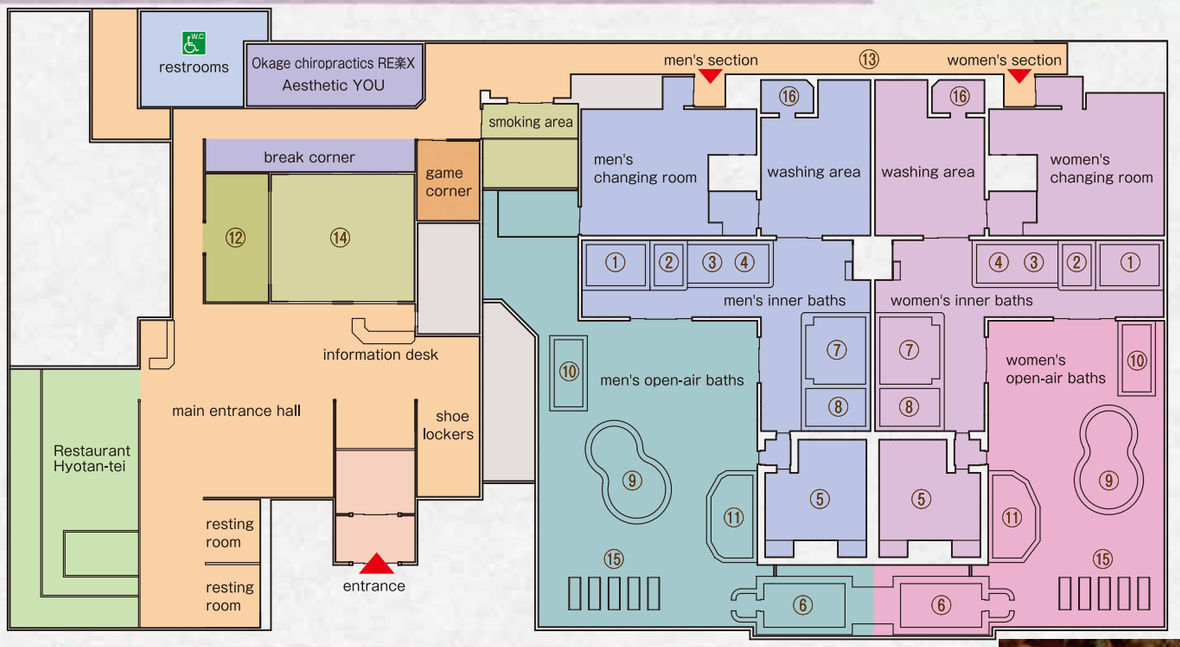
A resting area floored with tatami. You can spend your free time with your relaxed style, taking a nap after a bath.

⑬ギャラリー(廊下) Gallery (Hall)

A long hall 27 meters long. The wall exhibits photos and paints.

⑭中庭 Courtyard

A place for various entertainments.



⑦炭酸泉 Carbonated Spring

In German, which is the home of carbonated springs, the water is called hot water for the heart and various studies are conducted to treat heart diseases, high blood pressure, diabetes, and the cold constitution. In these days, apparatuses for artificially creating carbonated water are introduced to many medical facilities and nursing homes and demonstrate its significant efficacy in medical treatment. Note that the water in this facility is artificial carbonated spring.

⑧水風呂 Cold Bath

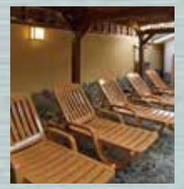
Tightens pores opened at sauna and are effective for protecting against catching a chill after a hot bath.

⑨岩風呂 Rock Bath

Is made of bluestone building blocks. Relax and liberate your body and soul.

⑮うたた寝処 Napping Area

Outside lounge chairs offer you times for relaxing your body and taking a nap.



⑯アカスリ Akasuri

Is the most effective for the warm skin after a bath, promotes increased cutaneous respiration and blood circulation, and improves metabolism. Benefits include recovery from fatigue and stress relief.

⑩座り湯 Sitting Bath

Hot water running from the shoulders to the hips soothes your body from weariness of hot bath.

⑪石風呂 Stone Bath

Is excavated from a single huge rock. Stretch your legs and relax, enjoying a gorgeous time.

Take your shoes off and put them in a shoe locker. Use one shoe locker per person. Make sure to lock your locker by inserting a 100 yen coin. Your coin will be returned after use. Please secure your key against loss or theft.

Buy tickets for admission and necessary amenities from the vending machine and give them at the front desk.
Shampoo, conditioner, and body soap are provided at the large bathrooms; however, other bathroom amenities including towel are not provided. Please bring yours or buy selling goods.

Leave valuables in a valuable locker. (Valuable lockers are located next to the front desk).

Use a locker in the changing room. Make sure to lock your locker by inserting a 100 yen coin. Your coin will be returned after use. Please secure your key against loss or theft.

Make sure to rinse yourself with warm/cold water before entering the bath tubs.

【Notes】

- Children under 12 years of age are advised to take a bath accompanied by an adult aged 18 or older.
- Our Measures for Guidance prohibits children aged 7 and older or 120 centimeters (3 feet and 11 inches) tall or taller from mixed bathing.
- No guests dead drunk, tattooed, nor wearing tattoo stickers may be allowed to enter.
- Those who are sick, or are advised not to get in a bath may not be allowed to take a bath.
- No cameras may be used to take photos without our permission. Please refrain from using cell phones in the bathroom and changing room.
- Newspaper, magazine, and food/drinks are not allowed to bring into the bathroom.
- Do not run in the bathroom.
- Do not dye your hair.
- Taking a bath with underwear is not available.
- Please refrain from washing your clothes in the washing area.
- Do not take your towel into the bathtub.
- Do not swim nor dive under water in the bathtub.