

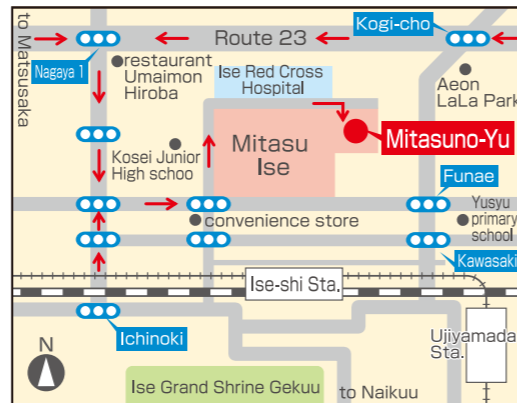


【Admission】

Adults (13+ years): 800 yen on weekdays
 Adults (13+ years): 900 yen on Sat, Sun, and national holidays
 Adults (13+ years): 1,000 yen on special periods
 Children (6 to 12 years): 350 yen
 Children (4 and 5 years): 200 yen
 Children (3 years and under): free
 Special periods apply during the year-end and New Year's holidays and Bon holidays.
 Coupon tickets (11 tickets, 8,000 yen) are available for Weekends, national holidays and special periods.



We have 150 car parking spaces available.



【By car】 About 15 minutes from Ise Interchange. Drive northward on Route 23 (Nansei bypass) and turn southward (to the left) at Nagaya 1 intersection

【By trains】 About 20 minute walk northward from Ise-shi Sta. North Exit on the Kintetsu-Yamada and JR Sangu Lines

伊勢・船江温泉 みたすの湯

Ise-Funae Hot Spring Mitasuno-Yu

1-471-3 Funae, Ise-shi, Mie Prefecture, 516-0008

Phone: 0596-29-4126

For details

<http://mts-ise.com/you/>

伊勢・船江温泉 みたすの湯



Welcome!
 Experience Japanese
 Bathing Culture!

Japanese Architecture and Bathing Culture

Japanese Architecture, which has begun with the construction of Horyu-ji, Nara, built in 7th century, adapted them for Japanese climate and culture, having a basic structure composed of posts and beams in contrast with Western architecture. This architectural style is called Wayo, meaning Japanese style.

Japanese bathing practice also has begun since around this time, evolved while changing the style, and established the bathing culture as a way of purifying minds and bodies, curing disease, and for entertainment and social gathering. Enjoy Japanese culture at Mitasuno-Yu that reflects this origin.



【Hours】

伊勢・船江温泉 みたすの湯 Mitasuno-yu

9 a.m. – 11 midnight (Enter by 10:30 p.m.)
 Sakujitsu bathing (on a 1st of each month)
 6 a.m. – 11 midnight (Enter by 10:30 p.m.)
 Open daily except for maintenance

ひょうたん亭 Restaurant Hyotan-tei

11 a.m. – 10 p.m. (Order by 9:30 p.m.)

整体 RE 楽 X Okage chiropractics RE 楽 X

10 a.m. – 11 p.m. (Enter by 10:00 p.m.)

Contact at 0596-22-9519

Esthetics YOU Esthetic YOU

11 a.m. – 9 p.m. (Book by 8:30 p.m.) Irregular holidays
 Contact at 0596-22-9519 (via Okage chiropractics RE 楽 X)

① 絹の湯 Silk Water

Silk Water looks white with tiny air bubbles inside, without using any bathing chemicals. Basking in this water lets tiny air bubbles go into heated and opened pores and absorb dirt in the pores (fat, sebum, cosmetic residues, and toxins) and remove them. Benefits can include softening the skin and warming the body core with supersonic generated when tiny bubbles burst.

② スーパージェットバス Super Jet Bath

Strong jet stream massages your body, including abdomen, hips, and your problem areas.



③ ジェットバス Jet Bath

Jet stream massages your body to soothe strains.

④ 電気風呂 Electrotherapy Bath

Electrical micro-currents comfortably stimulate your body to help soothe fatigue, shoulder ache, and pains in the back.



⑤ 高温サウナ High-Temperature Sauna

The effect of far infrared ray penetrates deep into the skin to open pores and help get rid of waste materials with sweat, through a process different from normal perspiration system.



⑥ 釜風呂 (セルフロウリュ) Steam Bath (Self-loyly)

Steam Bath is a bathing method that has been passed down in Japan since ancient times. 1,300 years ago, it was used as a heat therapy and also as a surgical treatment. Our facility has incorporated a self-loyly, allowing you to adjust the humidity at your preferred timing. The room temperature is milder compared to a typical dry sauna, reducing stress on the heart and muscles. Sweating enhances metabolism and is expected to be effective for alleviating neuralgia and aiding in weight loss.



⑫ 畳の間 Tatami Room

A resting area floored with tatami. You can spend your free time with your relaxed style, taking a nap after a bath.



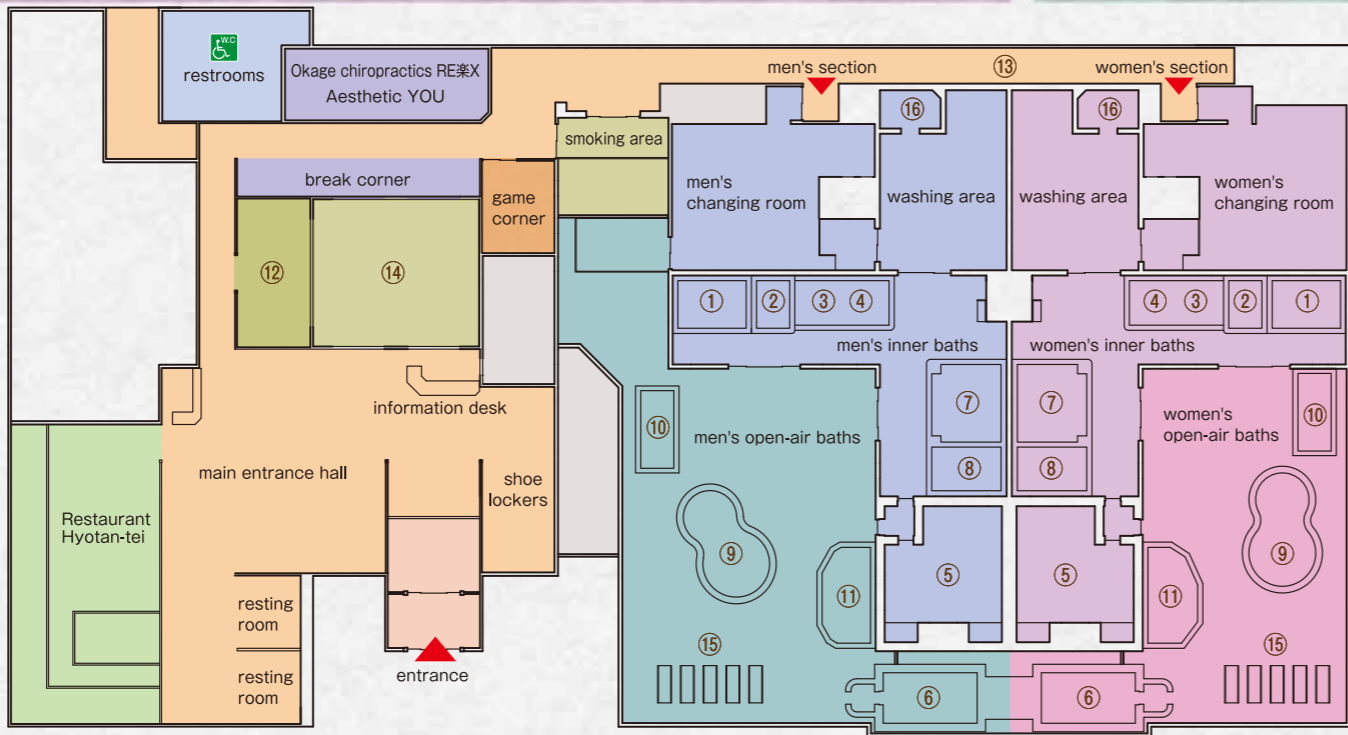
⑬ ギャラリー(廊下) Gallery (Hall)

A long hall 27 meters long. The wall exhibits photos and paints.



⑭ 中庭 Courtyard

A place for various entertainments.



⑦ 炭酸泉 Carbonated Spring

In German, which is the home of carbonated springs, the water is called hot water for the heart and various studies are conducted to treat heart diseases, high blood pressure, diabetes, and the cold constitution. In these days, apparatuses for artificially creating carbonated water are introduced to many medical facilities and nursing homes and demonstrate its significant efficacy in medical treatment. Note that the water in this facility is artificial carbonated spring.

⑧ 水風呂 Cold Bath

Tightens pores opened at sauna and are effective for protecting against catching a chill after a hot bath.



⑨ 岩風呂 Rock Bath

Is made of bluestone building blocks. Relax and liberate your body and soul.



⑮ うねね寝池 Napping Area

Outside lounge chairs offer you times for relaxing your body and taking a nap.



⑯ アカスリ Akasuri

Is the most effective for the warm skin after a bath, promotes increased cutaneous respiration and blood circulation, and improves metabolism. Benefits include recovery from fatigue and stress relief.



⑩ 座り湯 Sitting Bath

Hot water running from the shoulders to the hips soothes your body from weariness of hot bath.

⑪ 石風呂 Stone Bath

Is excavated from a single huge rock. Stretch your legs and relax, enjoying a gorgeous time.



Take your shoes off and put them in a shoe locker. Use one shoe locker per person. Make sure to lock your locker by inserting a 100 yen coin. Your coin will be returned after use. Please secure your key against loss or theft.



Buy tickets for admission and necessary amenities from the vending machine and give them at the front desk. Shampoo, conditioner, and body soap are provided at the large bathrooms; however, other bathroom amenities including towel are not provided. Please bring yours or buy selling goods.



Leave valuables in a valuable locker. (Valuable lockers are located next to the front desk).



Use a locker in the changing room. Lockers must be locked. Please secure your key against loss or theft.



Make sure to rinse yourself with warm/cold water before entering the bath tubs.

[Notes]

- Children under 12 years of age are advised to take a bath accompanied by an adult aged 18 or older.
- Our Measures for Guidance prohibits children aged 7 and older or 120 centimeters (3 feet and 11 inches) tall or taller from mixed bathing.
- No guests dead drunk, tattooed, nor wearing tattoo stickers may be allowed to enter.
- Those who are sick, or are advised not to get in a bath may not be allowed to take a bath.
- No cameras may be used to take photos without our permission. Please refrain from using cell phones in the bathroom and changing room.
- Newspaper, magazine, and food/drinks are not allowed to bring into the bathroom.
- Do not run in the bathroom.
- Do not dye your hair.
- Taking a bath with underwear is not available.
- Please refrain from washing your clothes in the washing area.
- Do not take your towel into the bathtub.
- Do not swim nor dive under water in the bathtub.